COVID-19 Isolation and Precautions Timeline


These general CDC guidelines will be followed in conjunction with guidance from a personal health care provider, as appropriate.

COVID-19 with Symptoms

You can be around others after:

• 10 days since symptoms first appeared and
• 24 hours with no fever without the use of fever-reducing medications and
• Other symptoms of COVID-19 are improving*

*Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation

Note: If your symptoms are severe or become severe, you should contact your health care provider immediately or seek emergency care.

Asymptomatic COVID-19

• If you continue to have no symptoms, you can be with others after 10 days have passed since you had a positive viral test for COVID-19
• If you develop symptoms after testing positive, follow the guidance above for “COVID-19 with Symptoms.”

Close Contact to a Person with COVID-19

Close contact with someone with COVID-19 should stay home for 14 days after their last exposure to that person.

However, anyone who has had close contact with someone with COVID-19 and who:

• developed COVID-19 illness within the previous 3 months and
• has recovered and
• remains without COVID-19 symptoms (for example, cough, shortness of breath)

does not need to stay home.